

Mt. Auburn

Warm Water Indoor Pool

SPRING 2024 ~ MARCH 10th- MAY 17TH

TIME	MON	TUE	WED	THU	FRI	SAT	
8:00 AM							
8:30 AM							
9:00 AM	Water Exercise 9:00-10:00	Taft Swim Lessons 9:30-10:30	Water Exercise 9:00-10:00	Aqua Stretch 9:00-9:30	Water Exercise 9:00-10:00	Tr-Adapted AQ 9:00-12:00	
9:30 AM							
10:00 AM							
10:30 AM	Open/Lap Swim 10:00-12:30	Open/Lap Swim 10:30-12:30	Open/Lap Swim 10:00-12:30	Open/Lap Swim 9:00-12:30	Swim Lessons		
11:00 AM					P&C- 10:20-10:50		Open/Lap Swim 10:00-12:30
11:30 AM					L1 - 10:55-11:25		
12:00 PM					L2- 11:30-12:00		
12:30 PM						Pre-Lifeguarding 12:30-2:30	
1:00 PM							
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM	Swim Lessons L1- 4:15-4:45 L2- 4:50-5:20 L3- 5:25-5:55	TR-Adapted AQ 4:30-7:00	Swim Lessons L1- 4:15-4:45 L2- 4:50-5:20 L3- 5:25-5:55	Open/Family Swim 4:00-7:00	Pre- Lifeguarding 4:00-7:00	Pre-Lifeguarding 4:00-7:00	
4:30 PM							
5:00 PM							
5:30 PM	Water Exercise 6:00-7:00		Water Exercise 6:00-7:00	Water Exercise 6:00-7:00			
6:00 PM							
6:30 PM	Open Swim 7:00-9:00	Pre- Lifeguarding 7:00-9:00	Open Swim 7:00-9:00	Pre- Lifeguarding 7:00-9:00	Swim Lessons Adult- 7:00-7:45 L3/4- 7:00-7:45		
7:00 PM							
7:30 PM							
8:00 PM							
8:30 PM							
9:00 PM							

- **Pool Membership or Daily User fee required for entry.**
- **Participation in pool classes/ programs requires membership**
- **Class fees due in advance**
- **Not open on Holidays**

2034 Young St. 45219
 Pool Membership or Daily User fee required for entry
 Call 513-357-POOL(7665) for more information
 Mt. Auburn Pool (513) 381-6780 or visit cincyrec.org for info

- **ADDRESS-** 2034 Young St. 45219
- **INFORMATION-** CRC Aquatics office- 513-357-POOL(7665)
- **POOL PHONE-** 513-381-6780
- **CRC WEBSITE-** cincyrec.org for information, class registration

Cincinnati Recreation Commission

<p>Group Swim Lessons</p> <p>PARENT & CHILD LESSONS: FEE: \$40 per child + child membership Ages 6 mos.-3 yrs old: 1 child to 1 Adult in the water</p> <p>Friday – 10:20am – 10:50am Session 1 – January 12- March 1 Session 2 - March 8- April 26</p>	<p>LEVEL 1, 2 & 3 SWIM LESSONS: FEE: \$30 per student + membership Ages 4 years - 14 years old</p> <p>Monday/Wednesday – Level 1 4:15pm-4:45pm Level 2 4:50pm-5:20pm Level 3 5:25pm-5:55pm</p> <ul style="list-style-type: none"> • Session 1- January 29- February 21 • Session 2- February 26- March 22 <p>Fridays (1 day a week) Level 1 10:55am-11:25am Level 2 11:30am-12:00pm</p>	<p>LEVEL 3/4 & ADULT LESSONS: FEE: \$30 per student + membership Ages 4 years-14 years ~ Adult 18+</p> <p>Thursday – 7:00-7:45pm</p> <ul style="list-style-type: none"> • Session 1- January 11- February 29 • Session 2- March 7- April 25
<p>Open, Lap, Family Swim</p> <p>Children under 12 must be accompanied by an adult. Ages 7 and younger must always swim with an adult within arm's reach.</p>	<p>January 2nd - May 17th</p> <p>Mon, Wed, Fri 10:00am - 12:30pm Tues, 10:30am - 12:30pm Thur 9:00am - 12:30pm</p> <p>Mon, Tues, Wed 7:00pm - 9:00pm</p>	<p>Membership or daily fee required for all swimmers</p>
<p>Water Exercise</p> <p>An aerobic water workout designed to get your heart pumping. Your first class is free, so come and try it!</p>	<p>January 3rd- May 17th (No class 1/15 & 2/19)</p> <p>Mon, Wed, Fri 9:00am - 10:00am Instructor: M. Smith Mon, Wed 6:00pm - 7:00pm Instructor: B. Phillips</p>	<p>\$5 /1 class, \$40 /10 classes, \$72 /20 Classes</p> <p><i>Membership Required</i></p>
<p>Pre-Lifeguard Classes</p> <p>Pre-Lifeguard Classes teach and refine swimming skills in preparation for American Red Cross Lifeguard Training Courses. Get prepared now for a summer job with CRC! See cincyrec.org for Lifeguard Course Schedule. <i>Ages 14 years & older. Adults & Seniors welcome!</i></p>	<p>January 2nd - May 17th (No class 1/15 & 2/19)</p> <p>Mon, Wed 7:00pm - 9:00pm Thurs, Fri 4:00pm - 7:00pm Sat 12:30pm - 2:30pm</p>	<p>Free Instruction</p>
<p>Adapted Aquatics</p> <ul style="list-style-type: none"> • Session 1- January 2- February 10 • Session 2- March 5- April 13 	<p>Tues 4:30pm - 6:40pm Sat 9:00am - 12:00pm</p>	

Individualized swim and water safety lessons include all ability levels by incorporating American Red Cross swim progression and the TR Sequential Swim Progression for individuals with physical, neurological, developmental, and cognitive impairments. Call 513-352-4013 for more information and specific class times.

Please visit www.cincyrec.org for more information